

Before Walking Down the Aisle

Building a Strong Foundation for Marriage



HOPE
NEXT STEPS ACADEMY



Hope Church Next Steps Academy presents

Alpha Pre-Marriage Course

Dates: 18th March, 25th March, 8th April, 15th April, 22nd April 2024

5 weeks - Mondays | Sessions 1-4 online, session 5 in-person.

Time: 7:30pm to 9:30pm

Cost: \$40/Couple

Main Facilitators: Eddie & May Burrell

About this course

The Pre-Marriage Course is a series of five sessions to help engaged couples or those exploring the possibility of marriage, build strong foundations for their future together. Nicky and Sila Lee, authors of The Marriage Book, developed The Pre-Marriage Course to help couples invest in their relationship for a lasting marriage.

This course is for couples who are exploring the idea of getting married and for those who are already engaged. It's designed for those who want to give their marriage the best possible start, whether they're exploring marriage for the first time or have been married before.

This course is based on Christian principles but designed for all couples with or without a church background. You do not need to be getting married in a church to come on the course.



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What can I expect?

You and your partner are hosted by a married couple. Each couple's discussions are completely private and unique. Every session includes a practical talk, and a time for discussion between you and your partner. You won't be required to disclose details about your relationship other than with your partner.

You're invited to join us for 5 sessions designed to help couples build a strong future towards marriage. This course helps couples to:

Session 1 | Communication

18th March 2024

Communicate more effectively & understand each other's needs

This session considers how communication is affected by personality, family background and circumstances. Couples look at what it means to talk about their feelings and practice listening to each other.

Session 3 | Commitment

8th April 2024

Know the importance of spending time together

Commitment lies at the heart of the marriage covenant and is reflected in traditional marriage service vows. In this session, couples consider the meaning of these vows and then look at how to live out this commitment in everyday life.

Session 5 | Adventure

22nd April 2024

Share goals, values and dreams

In this final session, guests have the opportunity to discuss their priorities and goals for the future, the roles they expect to fulfil and the building of spiritual togetherness.

Session 2 | Conflict

25th March 2024

Resolve Conflict

Conflict can either destroy a relationship or, if handled well, strengthen it. In this session, couples consider how to appreciate their differences, look for solutions together and heal the ways they hurt each other.

Session 4 | Connection

15th April 2024

Develop a good sexual relationship

This session explores how love needs to be nurtured in a marriage. Couples do this through building their friendship, discovering how the other feels loved and developing their sexual relationship.



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The Cost?

Registration for this course will be **\$40/couple**. Please remember to enter the details for both members of the couple who will be attending. (Couples only need to complete one registration).

Cost of registration includes:

- Alpha The Pre Marriage Course Journal (Printed pdf &/or digital copy).
- Cost for in-person session.

About the Hosts

Eddie & May Burrell

Eddie and May first met at a Hope Church working adults conference. And, as they say, the rest was history. They have been married for nearly 10 years. Eddie serves in the welcome team, children's (Kids for Christ) ministry, and leads the intercessory prayer ministry. May oversees the service outreach and operations, as well as the missions department. Together, they enjoy watching action movies, eating yummy foods, and, more recently, achieving running goals together.



FAQs

Where can I access this course?

This course is run mostly via **Zoom**. You will need access to internet and Zoom on a computer/smartphone.

Who can access this course?

This event is accessible to registered participants only. We seek your understanding in refraining from circulating the contents of this course.

I want to know more about this course. Who do I contact?

Thinking to join us for the Alpha Pre-Marriage Course, but not 100% sure if it is for you? Email nsa@hope-church.com.au for more details!